The Changent Circle - May 27, 2022 Nature's Way - SEEDS, SUSTENANCE & SUSTAINABILITY

RESOURCES

Generously procured by circle presenters Sabythne Jones and Eva Greff

When to plant the seeds?

Direct sow seeds in the ground the fall, or early spring

- April ~ Peas ~ Radish~ Lettuce ~ Onions
- May ~ Parsnip ~ Spinach ~ Beets ~ Cabbage ~ Carrots ~ Turnip
 Start seeds indoors in warm place
 - March ~ Peppers ~ Head Lettuce ~ Cabbage ~ Brussels Sprouts
- April ~ Broccoli ~ Eggplant ~ Basil ~ Tomatoes
- May ~ Watermelon ~ Cantaloupe ~ Cucumber

Direct sow seeds in the ground when warmer in late May

• Everything else:)

Eva's & Sab's Facebook group:

https://www.facebook.com/groups/grownowontario

Calgary Parkdale Heritage: **The Jones' Farm** (1972 – 2018) see pages 5, 7-9. http://great-news.ca/Newsletters/Calgary/NW/Parkdale/2018/October.pdf

Veggie Seeds Database - All you need to know about storing, germinating, and transplanting seeds. See Changent Zero Toolkit link titled, "Veg Seeds DATABASE"

How to Cold Stratify Seeds

https://growitbuildit.com/seed-stratification-illustrated-guide/

Garden Guide - provided by www.justfood.ca | Community Gardening Network of Ottawa

http://justfood.ca/wp-content/uploads/2015/03/CGN_Garden_Guide_2015.pdf

Where **Seedy Saturday and Seedy Sunday events** are posted, amongst other resources: https://seeds.ca/

Companion Planting Guide

https://growincrazyacres.com/companion-planting-chart/

Important note: you will need to copy and paste some of the links into a browser instead of a clicking from the PDF document

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Sab loves her Meadow Creature **broad fork** since its forged steel, not pressed

https://meadowcreature.com/pages/do-you-ship-to-canada More info:

- https://www.youtube.com/watch?v=_uZZyNbADKo
- https://photos.google.com/search/_tv_Videos/photo/AF1QipOtqSy_PFSJja ZWjRxNAlZw8kp5xfdLc1Qo-Tkk

Karen Stevenson gives walks on edible plants (Edible Wild Foods)

https://www.ediblewildfood.com/ https://www.facebook.com/EdibleWildFood

Cathy's Crawler composters

Lots of resources on vermicomposting and composters https://www.cathyscomposters.com/https://www.facebook.com/CathysCrawlyComposters/

Seed Voyage - an app that facilitates buying and selling of neighbourhood grown produce

https://www.seedvoyage.com/

Biointensive Plant spacing for raised beds

https://www.gardenbetty.com/plant-spacing/

Newmarket Public Library's Seed Library, plus a list of other seed saving URLs:

https://www.newmarketpl.ca/en/collections/seed-library.aspx?_mid_=17719

Hugelkultur Gardens

https://www.ruralsprout.com/hugelkultur-raised-bed/

Seeding Calendar for Ontario

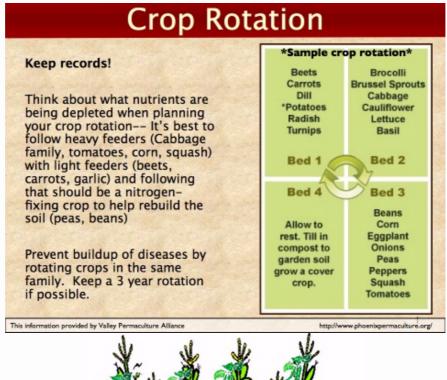
https://heeman.ca/garden-guides/seeding-calendar-ontario/

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Source: https://www.gardeningaustin.co m/blog/-the-three-sisters-garden

Basic Four Year Rotation				
	SECTION ONE	SECTION TWO	SECTION THREE	SECTION FOUR
YEAR ONE	Legumes	Brassicas	Nightshades	Onions and root crops
YEAR TWO	Brassicas	Nightshades	Onions and root crops	Legumes
YEAR THREE	Nightshades	Onions and root crops	Legumes	Brassicas
YEAR FOUR	Onions and root crops	Legumes	Brassicas	Nightshades

Source: https://farmerd.com/2014/10/20/benefits-of-crop-rotation/